

BTEC

# BTEC Sport

Edexcel



## 2 year courses:

**Level 3 Extended Diploma (3 A Level Equiv.), Diploma (2 A Level Equiv.), Level 3 Foundation Diploma (1.5 A Level Equiv.)**

## 1 year course:

**Level 3 Certificate (0.5 A Level Equiv.)**

**Level 3 Extended Certificate (1 A Level Equiv.)**

Applicants considering GCE PE (with a GCSE profile of C grade) may be advised to undertake the BTEC Certificate in Sport due to the nature of assessment undertaken.

## Course Content

Depending upon which qualification is chosen, the units will be selected from core units and specialist units taught over a one or two year period;

### Across all pathways, the following core units will be studied;

Anatomy and Physiology, Fitness Training and Programming for Health, Sport and Well-Being and Professional Development in the Sports Industry.

### Specialist units will be taught across the following courses;

**Certificate:** Practical Sports Performance.

**Extended Certificate:** Practical Sports Performance.

**Foundation Diploma:** Investigating Business in the Sport and Active Leisure Industry, Sports Leadership, Practical Sports Performance, Application of Fitness Testing and Sports Coaching.

**Both Extended Diploma and Diploma** courses will also study units in: Application of Fitness Testing, Sports Psychology, Coaching for Performance, Technical and Tactical Demands of Sport and Sports Performance Analysis.

On the **Extended Diploma**, students will also study; Sports Leadership, Research Methods in Sport, Sports Event Organisation, Sports Injury Management, Sports Psychology and Development and Provision of Sport and Physical Activity.

## What will I be doing?

**Anatomy and Physiology** is a unit where you explore the human body, its structure and how we use it to optimise performance in sport. This is externally assessed via an online exam.

**Fitness Training and Programming for Health, Sport and Well-Being** is insightful into fitness training sessions, how to design them, make them specific to their sport, and even get the chance to see how effective they are by completing a six week training programme.

**Professional Development in the Sports Industry** explores the knowledge and skills required for different career pathways in the sports industry, looking at career plans and carrying out skills audits.

**Application of Fitness Testing** allows students to gain an understanding of different fitness tests, their importance in health and fitness monitoring, and how they compare to the elite performers of the sporting world.

**Sports Psychology** develops the understanding of how the power of the mind can influence performance, and which techniques are most effective in dealing with stress, anxiety and arousal in sport.

**Technical and Tactical Skills Demands in Sport** gives an opportunity for students to analyse their sporting heroes, then look at themselves as sports performers, and finally compare themselves to their role models, identifying areas for development.



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Additional units are selected from areas such as: **Practical Sports Performance, Sports Coaching, Sports Injury Management, Coaching for Performance** and many more.

## How will I be assessed?

Due to the diverse nature of the course, a wide variety of teaching and learning styles will be utilised by the team, including group work, presentations and individual assignments. Many units will involve practical work, and assessment will be carried out on an individual and group basis, so students will be expected to fully participate.

The course is structured to have 5 lessons per unit, per week, with one additional support session (Course Tutorial). Each unit typically has three assignments, which are supported with 'How To Do It Sheets', guiding the students through the assignment, giving tips on information to include. The whole course is supported by an excellent intranet site, containing all of the information students need, as well as additional support sessions during study periods.

Throughout the course, tutorial sessions will form a compulsory part of the timetable. Students will meet with their course tutor weekly, discussing their current progress, gaining feedback on their assignments and receiving support and guidance in their career aspirations. Student progress is also tracked through course tutorial, so students are aware of what grades they have achieved, and what they need to attain to achieve their desired grade. This all forms a vital part of the student success on the course.

You will have the opportunity to undertake additional courses of: HSLA, Extended Project, First Aid and Child Protection in Sport. There will also be an opportunity to complete sport specific leaders awards with related National Governing Bodies. These will provide excellent additional qualifications for prospective employment and unit criteria will be integrated within them. The course may also involve field trips where certain units will be studied. At the end of year one, you will complete a one week, sport industry-related work experience placement, aimed at your personal career development.

## Financial Implications

A course contribution of £85 gives the students the two core text books, a course polo shirt, a stationery starter pack and payment towards all trips across the course. Work placements may require students to hold a valid police check (CRB). You will need to pay approximately £44 for this, however we will confirm the cost closer to the start of your course. If your family's income is low, you can apply for help to meet this cost from our student support fund.

## Career Possibilities

This course would be most suitable for students who have a keen interest in sport, who wish to study sport further into Higher Education or alternatively enter employment in to the sporting industry. Previous students have pursued various sport related degrees (in Sport Science, Sports Development and Teaching at Universities including Bath, Loughborough and Birmingham), as well as using their qualifications from the BTEC Sport course to gain employment in the leisure and sports industry.

### Minimum Entry Requirements

**5 GCSEs at Grades A\* - C, including Maths and English.**

Apply online: [www.psc.ac.uk/apply](http://www.psc.ac.uk/apply) t: 01962 857555 e: [admissions@psc.ac.uk](mailto:admissions@psc.ac.uk)

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